Parent Toolkit is a one-stop resource developed with parents in mind.

It’s produced by NBC News Education Nation and supported by Pearson and includes information about almost every aspect of your child’s development, because they’re all connected. Healthy, successful kids and young adults can excel in many areas – in the classroom, on the court, and in their relationships with peers and adults. Find ways to support the youth in your life from pre-k to college and career.

www.ParentToolkit.com
Is a pioneering, easy-to-use Toolkit for parents to participate in their child’s academic success and personal growth

Establishes a clear understanding of what is expected of students at each step in their academic journey from Pre-K through 12th grade and provides advice and information for navigating post-graduation options

Provides a holistic set of tips and tools to help parents engage in and monitor their children’s academic, physical and social-emotional development in ways that may improve outcomes and provide more opportunities for students to succeed in their lives professionally and financially

Available in English & Spanish across all desktop and mobile devices
Grade Levels

Early Elementary
Elementary
Middle School
High School
Life After High School
Topics

Social & Emotional
Health & Wellness
College & Career
Financial Literacy
Academics
Understanding the concepts your children are learning in school can help you support them at home. Find ways to support them from Pre-K all the way through high school.

- **Parent-friendly Math & English Language Arts Benchmarks** aligned to state standards
- **Example problems** outlining grade level expectations
- **Actionable tips** for parents to support academic development
- **Guides** to Parent-Teacher Conferences
Health & Wellness

Proper nutrition, adequate sleep, and physical activity can all impact academic performance and overall mental and physical wellness. Support healthy behaviors at any age.

- Explore our Grade-level recommendations for nutrition, physical development and sleep
- Get healthy eating, exercise & adequate sleep tips
- Checklist for upcoming doctors visits for kids and teens on their way to college
Social & Emotional Development

Guidance for what a child’s emotional vocabulary, relationship-building, decision-making and social skills look like at every age.

- **Tips to help parents** improve their child’s social and emotional skills
- **Featured Topics** that provide information about building specific skills like empathy, curiosity, responsibility and others
- **A guide for parents** to improve their own social and emotional skills
- **Advice for parents of young adults** on navigating their relationship changes
College & Career

There’s perhaps no bigger change than graduating high school. No matter the path, there are still many ways to support students’ journey to adulthood.

- **Advice for navigating the continuing education options**, including 4-year, community college and technical or vocational training
- **Career advice** including soft skills for every path and finding one’s purpose
- **Career-focused video series** helps new graduates understand workplace etiquettes and interviewing skills
Financial Literacy

Understanding how to manage finances is an important part of children’s growth and ultimate independence. Like any skill, financial literacy can be taught.

- Discover ways to save and pay for college, including advice on financial aid and scholarships
- Teach teens to manage a budget, and save for the future
- Help teens build their independence with information on choosing the right bank and highlighting top ways teens waste money
Original Videos

View the collection of short, original videos that offer tips for supporting kids and teens’ overall development available in both English and Spanish.

- Fun and interactive ways to learn about various topics
- Easy shareable content for adults and students
- Simple “How To” series on preparing healthy meals and more
Explore Your Toolkit

**Browse, search, and filter** all of the great advice, conversation starters, videos, and benchmarks using the “Explore Your Toolkit” feature.
The Parent Toolkit app is now available in Apple and Android app stores! Also available in Spanish & mobile!

Also available in Spanish & mobile!

The Parent Toolkit app is now available in Apple and Android app stores! Also available in Spanish & mobile!

Parent Toolkit website in Spanish also available!